
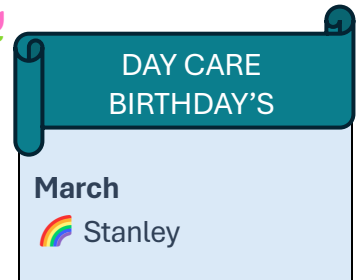


# NEWSLETTER

March 2026 

As we welcome the Easter season, we are reminded of the hope, renewal, and fresh beginnings that spring brings. We are so grateful for the trust you place in us to care for your loved ones. May this season bring peace, joy, and special moments with family and friends 

The Betamindes Team 



## What's Happening - Day Care

Our Day Care Service is now more flexible than ever! In addition to our full-day care, we now offer:

- **Half-Day Care** – Perfect for those who prefer a shorter visit or want to ease into our program.
- **Ad-Hoc Day Visits** – For when you just need occasional support, without a long-term commitment.

✦ **Flexible. Supportive. Tailored to your needs.**

Contact us to learn more or to book a trial visit!

✦ **Employee of the Month** ✦

**Employee of the Month** voting continues Each Month! 

Don't forget to submit your votes to the office or via care staff – or call direct to show your appreciation for our wonderful carers ✦

## Activities & Events – Weekly

 **Activities & Events Corner** - *Staying active, connected, and having fun!*

Here's a look at what's happening this month:

 Monday – Mindful Mornings

Gentle chair yoga, puzzles, and memory games to start the week with clarity.

 Tuesday – Creative Afternoons

Join us for arts & crafts, card-making, or painting with music and laughter.

 Wednesday – Music & Movement

Live music, sing-alongs, or dance therapy to lift spirits and energize the day.

 Thursday – Games & Socials

Board games, bingo, or friendly quizzes, plus a cup of tea and conversation.

 Friday – Film & Reminisce

Enjoy a classic film, followed by a group chat about favourite memories.

# Coming to you in Day Care!

## Celebration Days - March 🌸

1st March – St David’s Day 🇬🇧 🌸

5th March – World Book Day 📖 ✨

8th March – International Women’s Day 💜 🌸

13th March – Mother’s Day 🌸 ❤️

17th March – St Patrick’s Day 🍀 🌈

21st March – World Poetry Day 📖 🌸

27th March – World Theatre Day 🎭 ☀️

## 🐰 Easter Raffle Donations Needed! 🍌

We’re getting ready for our Easter Raffle and would be so grateful for any donations to help make it extra special this year.

Suggested donations include:

- 🍌 Easter eggs
- 🍫 Small chocolates & sweet treats
- 🌸 Spring-themed goodies
- 🎁 Small gifts & pamper items
- 👉 Vouchers

Tickets will be available to purchase soon — keep an eye out for more details!

Donations can be dropped off at the Betamindes office or sent in with carers.

As always, we truly appreciate your kindness and support 🍌 🌸

# What’s Happening - Home Care

## ✈️ Holiday Support from Betamindes Companionship Support 🌸

Planning a holiday but worried about a loved one at home? We’re here to give you peace of mind while you take a well-earned break.

Whether you’re away for a few days or longer, we can provide reassuring, reliable support tailored to your family member’s needs.

We offer:

- 🌸 Additional care calls
- 🌙 Waking or sleeping night support
- 💛 Companionship visits
- 📞 On-call help for extra reassurance

Enjoy your holiday knowing your loved one is in safe, caring hands.

🕒 7 Days a Week – “If We Can, We Will!”

Just ask — we’re always happy to help 💛

## 📞 Reach out today to explore how we can support you or your loved one.

We’re here when you need us—because care should always feel personal.

Call Us: 01270 668837

Email: [info@betamindes.com](mailto:info@betamindes.com)