

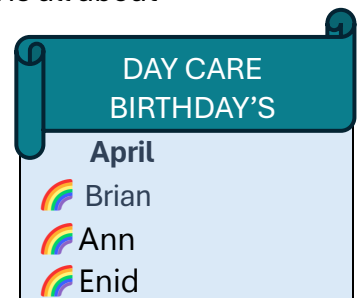
NEWSLETTER

April 2026 

Welcome to Our April Newsletter!

Spring is finally here, bringing longer days, fresh blooms, and a chance to enjoy the sunshine! This month, we have lots of fun and meaningful celebrations to look forward to, from **Easter** festivities to **National Tea Day** and April being our **Move More Month**. Whether you're joining us in activities, learning something new, or simply enjoying a cozy cup of tea, April is all about connection, joy, and celebrating the little moments that make life special.

The Betamindes Team 



What's Happening - Day Care

Our Day Care Service is now more flexible than ever! In addition to our full-day care, we now offer:


- **Half-Day Care** – Perfect for those who prefer a shorter visit or want to ease into our program.
- **Ad-Hoc Day Visits** – For when you just need occasional support, without a long-term commitment.

Flexible. Supportive. Tailored to your needs.

Contact us to learn more or to book a trial visit!

Employee of the Month

Employee of the Month voting continues Each Month! 

Don't forget to submit your votes to the office or via care staff – or call direct to show your appreciation for our wonderful carers 

Activities & Events – Weekly

Activities & Events Corner - *Staying active, connected, and having fun!*

Here's a look at what's happening this month:

Monday – Mindful Mornings

Gentle chair yoga, puzzles, and memory games to start the week with clarity.

Tuesday – Creative Afternoons

Join us for arts & crafts, card-making, or painting with music and laughter.

Wednesday – Music & Movement

Live music, sing-alongs, or dance therapy to lift spirits and energize the day.

Thursday – Games & Socials

Board games, bingo, or friendly quizzes, plus a cup of tea and conversation.

Friday – Film & Reminisce

Enjoy a classic film, followed by a group chat about favourite memories.

Coming to you in Day Care!

Celebration Days – April Move More Month!

- Monday 6th April – Easter Monday Celebrations 
- Tuesday 7th April – World Health Day  
- Friday 10th April – Grand National Day 
- Tuesday 14th April – Flower Arranging 
- Friday 17th April – Prize Bingo 
- Tuesday 21st April – National Tea Day  
- Thursday 23rd April – St George’s Day  
- Friday 24th April – London Marathon  

What’s Happening - Home Care

Wrap-Around Care & Support from Betamindes Companionship Support

Planning a holiday but worried about a loved one at home?





Need some additional help on a regular basis, but don’t know who to ask for help?

Just a few hours to take a breath of fresh air, or head out for lunch?


We’re here to give you peace of mind while you take a well-earned break.

Whether you’re away for a few days or longer, we provide wrap-around care and support, tailored to your family member’s needs. If extra help is required, we’re here to step in and ensure everything runs smoothly.

We offer:

-  Additional care calls
-  Waking or sleeping night support
-  Companionship visits
-  On-call help for extra reassurance

Enjoy your holiday or time out knowing your loved one is in safe, caring hands.

 7 Days a Week – “If We Can, We Will!”

Just ask — we’re always happy to help 

Reach out today to explore how we can support you or your loved one.

We’re here when you need us—because care should always feel personal.

Call Us: 01270 668837

Email: info@betamindes.com